



“YHWH is My Shield” Lesson for Toddlers

This is the fourth (4th) lesson plan in our series titled, “**Little Ones Knowing YHWH.**” Each of these studies is designed to help children age 18-24 months better understand the character & nature of YHWH (YHWH (God)) or which ever Holy Name you use).

This particular lesson is based on Psalm 28:7; 2 Samuel 22:31. In very simple language, it shows how YHWH (God) can protect from harm.

Bible Passage: Psalm 28:7; 2 Samuel 22:31

Bible Lesson Title: YHWH (God) is My Shield

Target Age Group: Toddlers, age 18-24 months

Original Teaching Context: Toddler Sunday School

Supplies: Bible, large cardboard shield or plastic shield. See additional activities for other supplies and preparation.

With toddlers, you want to keep your lesson simple. If your child or class is able, get them to sit together on floor in front of you. Hold up your Bible.

SAY: The Bible is YHWH (God)’s Word. The Bible tells us YHWH (God) is our Shield. (Hold up shield in front of you.)

SAY: This is a shield. Shields protect us (keep us safe). YHWH (God) is our Shield! He protects us! (Repeat three times.)

The following activities are designed to reinforce the simple Scripture truth, encourage their development, and engage their imaginations and creativity. Choose the ones that will work best for your classroom.

Learning Activities:

SHIELDS AND BALLOONS

SUPPLIES: Various shields made out of cardboard, enough for each of your toddlers to have one, blown-up balloons

SAY: YHWH (God) is our shield. He protects us! We can play a game with shields. We can use the shields to protect us from the balloons! (demonstrate.)

DO: Give each child a shield. Throw the balloons toward them and see if they can shield themselves from the balloons. Show them how it’s done! Use expressive language, like “Oh no! Here comes a balloon! Shield yourself before it gets you!”

PAINT WITH WATER

SUPPLIES: Paintbrushes, small pails of water, driveway or sidewalk

DO: Take your toddlers outside. Paint with paintbrushes on the sidewalk. Show them how to paint a shield.

SAY: This is a shield. Shields protect us, just like we used them to protect us from the balloons. YHWH (God) is our shield. He protects us!



SING AND DANCE

SUPPLIES: CD of songs or sing a cappella.

You may also wish to watch and listen to our video '[ARMOR OF GOD](#)'.

SAY: Our YHWH (God) is so BIG! He is our shield. He protects us. Let's sing a song about YHWH (God)!

DO: Sing *Armor of God* and other songs you know or have available about YHWH (God)'s might. Demonstrate hand motions and dance with them as you sing other songs of your choosing.

PILLOW SHIELDS

SUPPLIES: Pillows in various sizes (each toddler needs one).

DO: This activity is meant to help your toddler(s) learn verbal direction while showing them the meaning of the word "shield." Pass out a pillow to each child. Stand in front of your toddler(s) with a pillow. Put your pillow up in the air and say "up!" Put your pillow down on the ground and say "down!" Do this for various commands (over, behind, high, low). Then put your pillow in front of you and say "shield!" Repeat these directional commands over and over until they seem to understand that to 'Shield' means to take cover.

(I particularly like this lesson, as it is also beneficial not only in teaching how to obey instructions, but also in case of a natural disaster, tornado, etc. Showing the toddler how to shield or take cover.)

SAY: (After you give the last shield command) YHWH (God) is our shield! He covers us, protecting us from danger!

OPPOSITES

SUPPLIES: The shields used in the balloon activity, pillows

DO: Compare the shields. Discuss their opposites. For example, "This shield is hard. This shield is soft. This shield is smaller. This shield is bigger!"

SAY: YHWH (God) is the biggest and strongest shield! He protects us!

PLASTIC BOWL FUN

SUPPLIES: Clear plastics bowls or containers, toys to keep safe

SAY: YHWH (God) is our shield. He protects us! Can we protect our toys?

DO: Show them how to cover their toys with the plastic bowls to create a shield. Each time you do it, say, "We made a shield! We protected our toy! YHWH (God) is our shield. He protects us!"

Pray: Hold hands or bow your heads together. Say a short prayer like the following: Dear YHWH (God), you are our Shield. You will always be here to protect us. We love you! Thank you for loving us. Amen.



We pray that this lesson will be a blessing to you and your children and that they will be a blessing to others.

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